



2011 Annual Report

Our Mission:

Expanding opportunities for girls and women to develop their “inner voice” through yoga, creativity, and leadership activities.

Our Purpose:

Tranquil Space Foundation focuses on expanding opportunities for girls and women to develop their inner voice through yoga, creativity, and leadership activities. Its signature program, TranquilTeens, provides workshops for girls in grades 9-12 through partnerships with schools and community organizations. Tranquil Space Foundation also contributes to programs and organizations aligned with its mission.

Our Values:

Tranquil Space Foundation was organized as a 501(c)(3) public charity that taps into yoga’s emphasis on leading a balanced lifestyle, reflecting on one’s place and impact in the world, and selfless service to others. Tranquil Space Foundation was created to give yogis and the wider DC community a way to practice our deepest values “off the mat.”

2011 Activities {EVENTS}

LUNAFEST

2011 marked the third year Tranquil Space Foundation brought LUNAFEST to Washington, D.C. LUNAFEST is a national festival of films by, for, and about women. Rachel Nuzum again chaired this fun film festival, which opened with a wine and cheese reception and was held on April 21, 2011, at Steptoe and Johnson. Approximately 65 guests attended and we raised over \$1500 in revenue through ticket and raffle sales: a \$300 increase on 2010.

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FALL CELEBRATION

The fifth annual Tranquil Space Foundation Gala was held on October 12, 2011, at Darlington House. Allison Manion Gilbert was the event co-chair. \$2700 was raised through ticket sales and the online auction. Highlights of the event, attended by 75 guests, included:

- inspirational speeches from our 2011 grantees
- online auction
- raffle prizes
- chill tunes from Tranquil Space's own DJ Ten
- tasty vegetarian hors d'oeuvres and a cash bar



{TRANQUIL TEENS}

In 2011, Tranquil Space Foundation continued offering our signature program, Tranquil Teens, to 125 teen girls – an increase by 15 over the previous year.

2011 Partners:

- Running Start
- Residential Treatment Center of Anne Arundel County

{GRANTS}

In our five years of existence, Tranquil Space Foundation has given over \$10,000 to like-minded organizations serving girls and women. In 2011, Tranquil Space Foundation continued its tradition of grant making by providing grants to the following organizations with missions and work aligned with the values of the Foundation.

All of 2011's grantees received \$1000

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- **Nest**, an organization that empowers female artists and artisans around the world through a combination of interest-free microfinance loans, mentoring, and providing a market in which to sell their crafts.
- **N Street Village**, a Washington, DC, organization which offers a safe, empowering community for nearly 900 women facing homelessness, poverty, and related challenges by providing comprehensive health services and life skills training.
- **Community Bridges**, which provides multicultural empowerment and leadership programs for young girls in Silver Spring, Maryland, empowering them to become exceptional students, positive leaders, and healthy young women.
- **The Young Women's Drumming Empowerment Project**, an organization that gives rise to young women's self-esteem, positive development, and creative self expression through drumming, poetry, movement, song, and performance.

{Tranquil Space Foundation Leadership Team}

Board of Directors: Tim Mooney, Kimberly Wilson, Brian Winterfeldt, Allison Manion Gilbert

Steering Committee: Rachel Nuzum (LUNAFEST Chair), Allison Manion Gilbert (Fall Celebration Co-Chair), Lauren Beeler (Communications), Lauren Brownstein (Generosity), Jackie Leventhal (Volunteer Coordinator), Laura Bogomolny (Programs and Partnerships), Brie Shields, Shannon Demko.

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