

Our Mission:

Expanding opportunities for girls and women to develop their "inner voice" through yoga, creativity, and leadership activities.

Our Purpose:

Tranquil Space Foundation focuses on expanding opportunities for girls and women to develop their inner voice through yoga, creativity, and leadership activities. Its signature program, TranquilTeens, provides workshops for girls in grades 9-12 through partnerships with schools and community organizations. Tranquil Space Foundation also contributes to programs and organizations aligned with its mission.

Our Values:

Tranquil Space Foundation was organized as a 501(c)(3) public charity that taps into yoga's emphasis on leading a balanced lifestyle, reflecting on one's place and impact in the world, and selfless service to others. Tranquil Space Foundation was created to give yogis and the wider DC community a way to practice our deepest values "off the mat." Tranquil Space Foundation focuses on expanding opportunities for yoga, creativity, and leadership among women and girls. The signature program, TranquilTeens, provides workshops for girls in 9th through 12th grades through partnerships with schools and community organizations. Tranquil Space Foundation also gives to programs and organizations that help meet its mission.

2008 Activities

{ EVENTS }

Gala

The 1st annual Tranquil Space Foundation Gala was held on October 11, 2007 at the Josephine Butler House. Volunteers Rachel Nuzum and Kimberly Wilson were the gala event chairs. The gala grossed a revenue of \$2,424.78.

{ TRANQUIL TEENS }

This year, the Foundation developed and implemented curriculum for our signature program, Tranquil Teens. In 2007, 50 girls were served at three workshops.

2007 Partners

- Duke Ellington School of the Arts
- DC Council BBYO
- Boys and Girls Club of Greater Washington

Tranquil Space Foundation 2007 Leadership Team

Board of Directors:

Michelle Hynes
Tim Mooney
Rachel Nuzum
Kimberly Wilson
Brian Winterfeldt

Steering Committee:

Lauren Brownstein (Generosity)
Amanda Hirsch (Communications)
Jackie Leventhal (Volunteer Coordinator)
Allison Manion Gilbert (Programs and Partnerships)
Latoya Peterson (Development)